



Camp Information Sheet

The first camp includes an HTDA apparel item.

There will be a mini showcase on Thursday at the end of camp open to friends and family!

Disney Dance: Come join the fun and get creative while dancing to songs from your favorite Disney movies! This camp focuses on the beginning fundamentals of dance, including rhythm, dance positions and coordination.

Beach Baby Tumbling: This beach themed camp focuses on coordination, flexibility, strength and basic tumbling movement for even the “tiniest” of dancers!

Superhero Tumbling: Come learn new tricks in this superhero themed “boys only” camp!

Tumbling & Strength: Work on new moves and improve on old ones in this tumbling camp focused on strengthening. Take one session or both sessions.

All that JAZZ: Have fun learning combinations, new moves and even some cool tricks in this sassy jazz intensive. This camp focuses on technique, rhythm, style, flexibility and stage presence. Each day will have a fun “theme!”

Hip Hop: Aimed to create a super fun and energetic atmosphere! Allows dancers to have a free range of motion. Focuses on isolation, sharpness, strength and quick paced combinations.

Prima Ballerina: Review and learn many of the core concepts of ballet while expanding on technique. Each day of the week, dancers will learn about the background of four different impactful and famous ballet dancers.

Leaps & Jumps: Focuses on ways the dancer can build muscle and coordination to excel in their leaps and jumps. This camp is designed to help dancers reach their goals of mastering even the most difficult leaps.

Balance & Turns: This camp focuses on connecting with the floor and the center core of your body to strengthen and perfect your balance while excelling in all types of dance turns.

Combinations & Improvisation: Learn new & quick based combos of different dance styles each day of this camp, as well as work on improv strategies to get thinking outside of the box! A perfect way for a dancer to keep pushing themselves as an artist.

Tap: Focuses beat, syncopation, posture and rhythm.